

Visiting Neighbor's COVID-19 Some Safety Tips



- 1) Wash hands upon entering your destination & at regular intervals.**
- 2) Avoid touching face, cover coughs and sneezes.**
- 3) If you have any symptoms of illness, stay home!**
- 4) If sick, call your doctor or hospital to see about being tested.**
- 5) Self-quarantine for 14 days if you have been near someone who has been diagnosed.**
- 6) Disinfect surfaces and utensils daily.**
- 7) Change clothing when entering home from a public space.**
- 8) Increase ventilation by opening windows and adjusting AC.**
- 9) Limit non-essential travel.**